High post-Newtonian order gravitational self-force analytical results for eccentric orbits around a Kerr black hole

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Mars 2016

IHES/P/16/09
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(Dated: February 29, 2016)

We present the first analytic computation of the Detweiler-Barack-Sago gauge-invariant redshift function for a small mass in eccentric orbit around a spinning black hole. Our results give the redshift contributions that mix eccentricity and spin effects, through second order in eccentricity, second order in spin parameter, and the eight-and-a-half-post-Newtonian order.

I. INTRODUCTION

The recent observation of the gravitational-wave signal emitted by a coalescing black-hole binary [1] reinforces the motivation for improving our theoretical description of the general relativistic dynamics of binary systems made of spinning bodies. Gravitational self-force computations of gauge-invariant observables [2–6] provide a mine of information which has recently shown its usefulness for informing the dynamical description of comparable-mass two-body problem [7–27]. Up to now, the analytic dynamical information acquired from self-force computations has considered spin interactions and eccentric effects separately, without being able to mix them, i.e. without considering two-body interactions involving the product of powers of spin and of eccentricity. Here, for the first time, we present an analytic computation of the self-force contribution $\delta U$ to the redshift function that include some cross-talk terms between spin and eccentricity. We recall that the Detweiler-Barack-Sago [2, 6] (inverse) redshift function $U$ is defined as

$$U \left( m_2 \Omega_r, m_2 \Omega_\phi, \frac{m_1}{m_2} \right) = \frac{dt}{d\tau} = \frac{T_r}{T},$$

where all quantities refer to the perturbed spacetime metric (see Eq. (17) below). The (first-order) self-force contribution $\delta U$ is then defined as

$$U \left( m_2 \Omega_r, m_2 \Omega_\phi, \frac{a_2}{m_2}, \frac{m_1}{m_2} \right) = U_0 \left( m_2 \Omega_r, m_2 \Omega_\phi, \frac{a_2}{m_2} \right) + \frac{m_1}{m_2} \delta U \left( m_2 \Omega_r, m_2 \Omega_\phi, \frac{a_2}{m_2}, \frac{m_1}{m_2} \right) + O \left( \frac{m_1^2}{m_2^2} \right).$$

Here, $m_1, m_2$ (with $m_1 \leq m_2$, and, actually, $m_1 \ll m_2$ in our self-force computation) denote the masses of the binary system, while $a_2 \equiv S_2/m_2$ denotes the Kerr parameter of the larger mass. [The smaller mass $m_1$ is non spinning.] In addition, $\Omega_r = 2\pi/T_r$ and $\Omega_\phi = \Phi/T_r$, (where $T_r$ is the radial period and $\Phi$ the angular advance during one radial period) denote the two fundamental frequencies of the orbital motion. The self-force contribution $\delta U$ is a priori defined as a function of the two

$m_2$-adimensionalized fundamental frequencies of the orbit $m_2 \Omega_r, m_2 \Omega_\phi$ (and of the dimensionless spin parameter, $a_2/m_2$). It is, however, convenient to reexpress it as a function of the eccentricity $e$ and dimensionless semi-latus rectum $p$ of the orbit, defined as

$$e = \frac{r_{apo} - r_{peri}}{r_{apo} + r_{peri}},$$

$$p = \frac{2 r_{peri} r_{apo}}{m_2 (r_{peri} + r_{apo})},$$

where $p$ is dimensionless. We are interested here in (eccentric) bound orbits confined between a minimum radius ($r_{peri}$) and a maximum one ($r_{apo}$). As usual, it is enough to know the link between $m_2 \Omega_r, m_2 \Omega_\phi$ and $e, p$ for the unperturbed motion, i.e. for an eccentric bound orbit in a Kerr background of mass $m_2$ and spin parameter $a_2$. See, e.g., Ref. [28] and references therein for a general discussion, and Sec. II for explicit relations through second order in $e$ and the dimensionless spin parameter, that we shall henceforth denote as

$$\hat{a} \equiv \frac{a_2}{m_2}.$$
Let us only quote below, for illustration, some of the lowest-order PN coefficients, namely
\[-\delta U^{(0,0)} = u_p + 2u_p^2 + 5u_p^3 + \ldots\]
\[-\delta U^{(2,0)} = -4u_p^2 - 7u_p^3 + \ldots\]
\[-\delta U^{(4,0)} = 2u_p^2 - \frac{1}{4}u_p^3 + \ldots\]
\[-\delta U^{(6,0)} = \frac{5}{2}u_p^3 + \ldots\]
\[-\delta U^{(8,0)} = \frac{225}{64}u_p^3 + \ldots\]
\[-\delta U^{(10,0)} = \frac{5}{4}u_p^3 + \ldots\]
\[-\delta U^{(12,0)} = \frac{5}{512}u_p^3 + \ldots\]
\[-\delta U^{(14,0)} = -\left(5 \frac{12}{12} + 4096 \pi^2\right)u_p^4 + \ldots\]
\[-\delta U^{(16,0)} = \frac{45}{16384}u_p^4 + \ldots\]
\[-\delta U^{(18,0)} = \frac{55}{16384}u_p^4 + \ldots\]
\[-\delta U^{(20,0)} = \frac{429}{131072}u_p^4 + \ldots\]
\[-\delta U^{(22,0)} = -3u_p^{5/2} - 87u_p^{7/2} + \ldots\]
\[-\delta U^{(24,0)} = u_p^3 + 103u_p^5 + \ldots\]
\[-\delta U^{(26,0)} = -3u_p^{9/2} - 454u_p^{11/2} + \ldots\]
\[-\delta U^{(28,0)} = 156u_p^6 + 8u_p^6 + \ldots\]
\[-\delta U^{(30,0)} = \left(512 \frac{5}{5} \zeta(3) - \frac{512}{5} \zeta(5) + 46 \frac{5}{5} \right)u_p^{15/2} + \ldots\]
\[-\delta U^{(32,0)} = \left(23072 \frac{15}{10} \right) \zeta(3) + 10184 \frac{15}{15} \zeta(5) + 3292 \frac{75}{75}
- \frac{29672}{5} \zeta(7) - 856 \frac{105}{105} \pi^2 + 2625 \pi^4
+ \frac{219136}{496125} \pi^6\right)u_p^6 + \ldots\] (6)

In this work we shall analytically compute the PN expansions of the two eccentricity-spin-mixing contributions \(\delta U^{(e,a)}(u_p)\) and \(U^{(e,a)}(u_p)\) through order \(u_p^7\). (i.e. through 8.5PN order).

II. ECCENTRIC GEODESIC ORBITS IN A KERR SPACETIME

Let us consider the (unperturbed) Kerr metric
\[ds^2 = -\left(1 - \frac{2Mr}{\Sigma}\right)dt^2 - \frac{4aMr \sin^2 \theta}{\Sigma}dtd\phi + \frac{\Sigma}{\Delta}dr^2\]
\[+ \Sigma d\theta^2 + \left(r^2 + a^2 + 2Mr \cos^2 \theta\right) \sin^2 \theta d\phi^2,\] (7)
where
\[\Delta = r^2 + a^2 - 2Mr, \quad \Sigma = r^2 + a^2 \cos^2 \theta.\] (8)

For ease of notation, we sometimes denote \(m_2\) as \(M\) and \(a_2\) as \(a\) (and, as above, \(a = a_2/m_2 = a/M\)).

Equatorial (timelike) geodesics are solutions of the equations
\[
\frac{dt}{d\tau} = \frac{1}{r^2} \left[-a(aE - \tilde{L}) + \frac{r^2 + a^2}{\Delta}P\right],
\]
\[
\frac{d\phi}{d\tau} = \pm \sqrt{\frac{\tilde{E}}{r^2}},
\]
\[
\frac{d\theta}{d\tau} = \frac{1}{\Delta} P - (aE - \tilde{L}),\] (9)

with
\[P = \tilde{E}(r^2 + a^2) - \tilde{L},\]
\[R = P^2 - \Delta|r^2 + (aE - \tilde{L})|^2,\] (10)
where \(\tau\) denotes the proper time parameter and \(\tilde{E}\) and \(\tilde{L}\) are the conserved energy and angular momentum per unit (reduced) mass.

As mentioned in the Introduction, we parametrize (unperturbed) bound orbits in terms of eccentricity \(e\) and (dimensionless) semi-latus rectum \(p\), Eqs. (3). We will limit our considerations here to the second order approximation in both the dimensionless spin parameter \(\tilde{a} \equiv a/M\) and eccentricity \(e\). In this case the functional links between \(E, \tilde{L}\), and \((p, e, \tilde{a})\), are respectively given by
\[
\tilde{E} = \frac{1 - 2u_p}{(1 - 3u_p)^{1/2}} - \frac{3u_p}{2(1 - 3u_p)^{3/2}} + \tilde{a}^2 \frac{u_p^3}{2(1 - 3u_p)^{5/2}}
+ e^2 \left[\frac{u_p^2(1 - 4u_p)^{1/2}(1 - 2u_p)}{2(1 - 3u_p)^{3/2}} - \tilde{a}^2 \frac{(15u_p - 4)u_p^{5/2}}{2(1 - 3u_p)^{5/2}}\right]
+ O(\tilde{a}^3, e^4),\] (11)

and
\[
\tilde{L} = \frac{1}{u_p^{1/2}(1 - 3u_p)^{1/2}} \left[\frac{3u_p(1 - 2u_p)}{(1 - 3u_p)^{3/2}} + \tilde{a}^2 \frac{u_p^{1/2}(5 - 3u_p + 2)u_p^{3/2}}{2(1 - 3u_p)^{5/2}}\right]
+ e^2 \left[\frac{u_p^{1/2}}{2(1 - 3u_p)^{3/2}} - \frac{u_p(48u_p^5 - 16u_p^2 - 5u_p + 2)}{(1 - 3u_p)^{3/2}(1 - 2u_p)}\right]
+ \tilde{a}^2 \frac{u_p^{3/2}(90u_p^2 + 15u_p^2 - 22u_p + 4)}{4(1 - 3u_p)^{7/2}} + O(\tilde{a}^3, e^4),\] (12)
where we recall that \(u_p \equiv 1/p\).

Up to order \(e^2\) included, the motion is explicitly given by
\[
\sqrt{\frac{\tilde{E}}{r^2}} = \pm \tilde{a}^2 \frac{u_p^{1/2}}{2(1 - 3u_p)^{5/2}} - e^2 \left[\frac{u_p^{1/2}}{2(1 - 3u_p)^{3/2}} - \frac{u_p(48u_p^5 - 16u_p^2 - 5u_p + 2)}{(1 - 3u_p)^{3/2}(1 - 2u_p)}\right]
+ \tilde{a}^2 \frac{u_p^{3/2}(90u_p^2 + 15u_p^2 - 22u_p + 4)}{4(1 - 3u_p)^{7/2}} + O(\tilde{a}^3, e^4),\] (12)
\[ r_{\text{eff}}(t) = R_0 + e R_1 (\cos \Omega_{\text{ef}}t - 1) + e^2 R_2 (\cos(2\Omega_{\text{ef}}t) - 1) + O(a^3, e^3), \]
\[ \phi_0(t) = \Omega_{\text{ef}}t + e \Phi_1 \sin(\Omega_{\text{ef}}t) + e^2 \Phi_2 \sin(2\Omega_{\text{ef}}t) + O(a^3, e^3), \]

where
\[ R_0 = \frac{1 + e + e^2}{u_p}, \]
\[ R_1 = \frac{1}{u_p}, \]
\[ R_2 = \frac{1}{2(1 - 6u_p)(1 - 2u_p)u_p} \left[ \frac{u_p^{1/2}(1 - u_p - 32u_p^2 + 108u_p^3)}{(1 - 2u_p)(1 - 6u_p)^{3/2}} + \frac{u_p(-36u_p^2 + 3u_p + 36u_p^3 + 376u_p^4 - 1728u_p^5 + 2592u_p^6 + 1)}{2(1 - 6u_p)^2(1 - 2u_p)^2} \right], \]
\[ \Phi_1 = \frac{1}{(1 - 2u_p)(1 - 6u_p)^{3/2}} + \frac{6u_p^{3/2}(1 - 3u_p + 6u_p^2)}{(1 - 2u_p)(1 - 6u_p)^{3/2}} - \frac{432u_p^3 - 504u_p^4 + 456u_p^5 - 214u_p^6 + 35u_p + 1}{(1 - 2u_p)^2(1 - 6u_p)^{5/2}} u_p^2 \]
\[ \Phi_2 = \frac{1}{(1 - 2u_p)^2(1 - 6u_p)^{3/2}} + \frac{21472u_p^4 + 142704u_p^5 - 68024u_p^6 + 20856u_p^7 - 3446u_p^8 + 248u_p}{8(1 - 2u_p)^3(1 - 6u_p)^{7/2}} u_p^2. \]

The dimensionless orbital frequencies of the radial and azimuthal motions are respectively given by
\[ m_2 \Omega_{\text{ef}} = \frac{1}{(1 - 6u_p)^{3/2}} u_p^{3/2} + 3u_p^{1/2} \left[ \frac{1 + 2u_p}{(1 - 6u_p)^{3/2}} u_p^{3/2} + \frac{1}{2} \right] u_p^{7/2} + \frac{22u_p^2 + 4u_p - 3}{(1 - 2u_p)(1 - 6u_p)^{3/2}} - \frac{3}{8} \left[ \frac{1}{(1 - 6u_p)^{3/2}(1 - 2u_p)^2} \right] + O(a^3, e^3). \]

Finally, the (unperturbed) redshift variable \( U_0 = T_{\text{ef}}/T_{\text{ef}} \) is given by
\[ U_0 = \frac{1}{(1 - 3u_p)^{3/2}} - \frac{1}{2} \left[ \frac{1 + 2u_p}{(1 - 6u_p)^{3/2}} u_p^{3/2} + \frac{1}{2} \right] u_p^{7/2} + \frac{2}{(1 - 2u_p)(1 - 3u_p)^{3/2}} \left[ \frac{3}{2} \frac{1}{(1 - 2u_p)(1 - 3u_p)^{3/2}} \right] u_p^2 \]
\[ + \frac{3}{4} \left[ \frac{1 + 2u_p}{(1 - 6u_p)^{3/2}(1 - 2u_p)^2} \right] + O(a^3, e^3). \]

### III. HIGH PN-ORDER ANALYTICAL COMPUTATION OF THE SELF-FORCE CORRECTION TO THE AVERAGED REDSHIFT FUNCTION ALONG ECCENTRIC ORBITS

As already mentioned in the Introduction, we consider the first-order self-force correction to the Barack-Sago [6] generalization to eccentric orbits of Detweiler’s [2] circular, gauge-invariant first-order self-force correction to the (inverse) redshift. We denote this gauge-invariant mea-
sure of the $O(m_1/m_2)$ conservative self-force effect on eccentric orbits as $\delta U(m_1\Omega_1, m_2\Omega_2, a_2/m_2) = \delta U(p, e, \hat{a})$, see Eq. (2). It is given in terms of the $O(m_1/m_2)$ metric perturbation $h_{\mu\nu}$, where

$$g_{\mu\nu}(x^t; m_1, m_2) = g^{(0)}_{\mu\nu}(x^t; m_2) + \frac{m_1}{m_2} h_{\mu\nu}(x^t) + O\left(\frac{m_2^2}{m_1^2}\right) \tag{17}$$

[with $g^{(0)}_{\mu\nu}(x^t; m_2, a_2)$ being the Kerr metric of mass $m_2$ and spin $m_2 a_2$] by the following time average

$$\delta U(u_p, e, \hat{a}) = \frac{1}{2}(U_0)^2\langle h_{\mu\nu}\rangle t. \tag{18}$$

Here, we have expressed $\delta U$ (which is originally defined as a proper time $\tau$ average [6]) in terms of the coordinate time $t$ average of the mixed contraction $h_{\mu\nu} = h_{\mu\nu} u^\mu k^\nu$ where $u^\mu \equiv u^t k^\nu$, $u^t = dt/d\tau$ and $k^\mu \equiv \partial_t + dr/d\Omega_e + do/d\Omega_\phi$. [Note that in the present eccentric case the so-defined $k^\nu = v^\nu/u^t$ is no longer a Killing vector.] As already mentioned, we consider, in Eq. (18), $\delta U$ as a function of the inverse dimensionless semi-latus rectum $u_p \equiv 1/p$ and eccentricity $e$ (in lieu of $m_2\Omega_2, m_2\Omega_\phi$) of the unperturbed orbit, as is allowed in a first-order self-force quantity. In addition, $U_0$ denotes the proper-time average of $u^t = dt/d\tau$ along the unperturbed orbit, i.e., the ratio $U_0 = T_r/T_e|_{\text{unperturbed}}$. It is approximately
divided by Eq. (16) above.

For the present computation we follow the standard Teukolsky perturbation scheme as discussed in detail in Ref. [35]. The expansion of the Teukolsky source-terms (which originally contain $\delta (r - r_0(t))$ and at most two of its derivatives) in powers of $e$ generates, at order $e^2$, up to four derivatives of $\delta (r - m_2/p)$ in the even part and up to three in the odd part. This expansion gives rise to multiperiodic coefficients in the source terms, involving the combined frequencies

$$\omega_{m,n} = m\Omega_{e0} + n\Omega_\phi \tag{19}$$

with $n = 0, \pm 1, \pm 2$ when working as we do to order $e^2$.

Our computed quantity $(h_{\mu\nu})_t$ is regularized by subtracting its PN-analytically computed large-$l$ limit $B$, whose expansion is given by

$$B(u_p, e, \hat{a}) = \sum_{l,j=0} e^l \hat{a}^j B^{(e,\alpha)}(u_p) = B^{(e,\alpha)}_0 + e B^{(e,\alpha)}_1 + \hat{a} B^{(e,\alpha)}_2 + e^2 \hat{a} B^{(e,\alpha)}_3 + \ldots, \tag{20}$$

with

$$-B^{(e,\alpha)}_0 = 2u_p^{1/2} + 22u_p^{7/2} + 4945 \frac{32}{u_p^{9/2}} + 35747 \frac{1}{u_p^{11/2}} + \frac{65494129}{8192} u_p^{13/2} + \frac{459731033}{8192} u_p^{15/2} + \frac{202677538545}{524288} u_p^{17/2}\tag{21}$$

As usual the low multipolies ($l = 0, 1$) have been computed separately, as in Eq. (138) of Ref. [35]. The corresponding (already subtracted) contributions to $\delta U$ are the following

$$-\frac{\delta U^{(e,\alpha)}}{4} = \frac{1}{2}u_p^{1/2} - 7u_p^{7/2} - 4865 \frac{32}{u_p^{9/2}} - 91135 \frac{1}{u_p^{11/2}} - \frac{90124849}{8192} u_p^{13/2} - \frac{1288612077}{16384} u_p^{15/2} - \frac{284323625361}{524288} u_p^{17/2}\tag{22}$$

We have analytically computed $\delta U(u_p, e, \hat{a})$ at second order in both eccentricity $e$ and spin parameter $\hat{a}$ and up to order $O(u_p^{15/2})$, which corresponds to the 8.5PN order in $\delta U$. The fractional PN accuracy of our results for $\delta U^{(e,\alpha)}$ and $\delta U^{(e,\alpha)}$ is lower because the leading-order terms in these contributions are of order $O(u_p^{5/2})$ and $O(u_p^{5/2})$, respectively. Like in our previous works [25, 29] (but with the replacement of Regge-Wheeler-Zerilli perturbation theory by Teukolsky perturbation theory as in Ref. [35], see Appendix) we combine a standard PN
expansion scheme for high values of the multipole degree $l$ with the Mano-Suzuki-Takasugi \[36, 37\] hypergeometric-expansion technique for lower values of $l$ (here it was used through the multipole order $l = 5$).

Our new results for the Detweiler-Barack-Sago gauge invariant redshift function along eccentric orbits in a Kerr spacetime are contained in the following two contributions to the eccentricity-spin decomposition (5) of $\delta U(u_p, e, \tilde{a})$:

\[
\delta U(\ell, \sigma_l) = \frac{7}{2} u_p^{5/2} + 4u_p^{7/2} - \frac{287}{2} u_p^{9/2} + \left( \frac{5876}{3} + \frac{569}{64} \right) u_p^{11/2} \\
+ \left( \frac{-1237333}{75} + \frac{122071}{512} \right) \ln(u_p) + \frac{4832}{15} \ln(2) \ln(3) - \frac{9664}{15} \ln(2) + \frac{2916}{7} \ln(3) \ln(2) - \frac{8212}{7} \right) u_p^{13/2} \\
+ \left( \frac{1084342833}{44100} - \frac{8623969}{6144} \right) \ln(u_p) - \frac{21874}{35} \ln(2) - \frac{2430}{7} \ln(3) + \frac{93232}{105} \ln(2) - \frac{8212}{7} \right) u_p^{15/2} \\
- \frac{1010822}{525} + \frac{29277772}{2835} \ln(3) - \frac{5553279}{405} \ln(2) + \frac{341496264211}{1769472} \pi^4 - \frac{547984649}{2602144} \pi^4 \\
- \frac{9765625}{324} \ln(5) + \frac{14414382}{2835} \ln(2) + \frac{505970401387}{198450} \right) u_p^{17/2} \\
- \frac{39743066}{33075} \ln(u_p) \\
+ \left( -\frac{115503655324}{363825} - \frac{311622308433}{308000} \ln(3) + \frac{1073412430012}{5457375} \ln(2) - \frac{134912}{3} \zeta(3) \\
+ \frac{666308657919389}{125829120} \pi^4 - \frac{173611621221}{25} \ln(3) + \frac{3020976}{25} \ln(3) (25) \ln(2) + \frac{1510488}{25} \ln(3)^2 + \frac{13345703125}{66528} \ln(5) \\
- \frac{620608}{175} \ln(2) \gamma + \frac{9278816}{315} \ln(2)^2 - \frac{101166668}{1575} \ln(2) \ln(3) + \frac{9278816}{315} \ln(2) \gamma + \frac{1510488}{15} \ln(3) \ln(2) \\
+ \frac{2319704}{315} \ln(u_p)^2 - \frac{131111096292193363}{7563917500} \ln(u_p) \right) u_p^{19/2} + O_n(u_p^{10}).
\]

and

\[
\delta U(\ell, \sigma_l) = -\frac{31}{2} u_p^3 + 356u_p^5 + \left( \frac{14378}{3} - \frac{4403}{1024} \right) u_p^7 \\
+ \left( \frac{1254047}{25} - \frac{164699}{1024} \right)^2 + \frac{208}{15} \ln(3) - \frac{2416}{5} \ln(2) + \frac{4374}{5} \ln(3) \right) u_p^7 \\
+ \frac{54093631}{25} + \frac{2363953949}{19608} \right) \ln(u_p) - \frac{574228}{105} \ln(2) - \frac{389924}{35} \ln(2) + \frac{287114}{105} \ln(3) \ln(2) + \frac{222831}{10} \ln(3) \ln(2) \\
+ \frac{67303}{175} \ln(u_p) \right) u_p^9 \\
+ \left( \frac{105145912}{2835} \gamma + \frac{63415737}{280} \ln(3) - \frac{156704768}{2835} \ln(2) + \frac{10464}{5} \zeta(3) + \frac{70988667924941}{154828800} \pi^2 \\
+ \frac{7269928203}{33554432} \ln(5) + \frac{50348228}{2835} \ln(2) + \frac{598237152827}{396000} \right) u_p^9 \\
+ \frac{328245443}{22050} \pi^2 u_p^{19/2} + O_n(u_p^{10}).
\]

IV. DISCUSSION

We have improved the knowledge of the Detweiler-Barack-Sago redshift invariant (for an eccentric orbit around a Kerr spacetime) by providing the first analytic computation of contributions mixing eccentricity...
and spin effects. More precisely, in terms of the expansion Eq. (5) of the first-self-force-order (inverse, average) redshift $\delta U$ in powers of eccentricity $e$ and spin parameter $\hat{a}$, we have computed the PN-expansions of the contributions $e^2 \hat{a} \delta U^{(e^2, a^2)}(u_p)$ and $e^3 \hat{a}^2 \delta U^{(e^3, a^2)}(u_p)$ up to order $O(u_p^{3.5})$ included, see Eqs. (23), (24).

At this stage, we cannot meaningfully compare these analytical results to numerical self-force computations, because the only extant numerical self-force computations for eccentric motions around a Kerr black hole are the sparse data listed in Table V of a recent work by M. van de Meent and A. Shah [35]. Those numerical data concern only very high spin parameters $\hat{a} = \pm 0.9$, medium-size eccentricities $e = 0.1, 0.2, 0.3, 0.4$, and, most unfortunately, are non-horizontally sampled in $p$; namely, there are no data corresponding to the same values of $p$ (or $u_p$) but different values of $\hat{a}$ and $e$. One cannot therefore approximately extract from these data quantities directly related to our analytical results. (The situation was different in the case of the spin-dependence, for zero eccentricity, where we could (in Ref. [32]) extract dynamically useful spin-dependent information from numerical self-force data (in Ref. [38]) on $\delta U(p, e = 0, \hat{a})$ computed for a few values of the spin, but (partially) horizontally sampled values of $p$. We think, however, that our analytical results might be useful both for checking existing Kerr self-force codes, and for allowing the extraction of further, uncomputed PN coefficients. This is why we decided to publish them.

In future work, we intend to complete our analytical work by transcribing our results within the effective one-body formalism [39–42], by using the first law of binary mechanics [9, 12, 24]. This will allow us to confer a direct dynamical significance to our results Eqs. (23), (24).

**Acknowledgments**

D.B. thanks the Italian INFN (Naples) for partial support and IHES for hospitality during the development of this project. All the authors are grateful to ICRANet for partial support.

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**Appendix A: A short review of the computation of the metric perturbation (from [38])**

Let us consider the Kerr spacetime metric (7) with signature switched from $+2$ to $-2$, in order to apply the standard tools of the Newman-Penrose (NP) formalism. A principal NP frame (also termed Kinnersley frame) is the following

$$
\begin{align*}
 l &= \frac{1}{\Delta}(r^2 + a^2)\partial_t + \Delta \partial_\phi + a \partial_\theta, \\
 n &= \frac{1}{2\Sigma}[(r^2 + a^2)\partial_t - \Delta \partial_\phi + a \partial_\theta], \\
 m &= -\frac{\theta}{\sqrt{2}} \left[ i a \sin \theta \partial_t + \partial_\phi + \frac{i}{\sin \theta} \partial_\theta \right],
\end{align*}
$$

(A1)

with nonvanishing spin coefficients

$$
\begin{align*}
 \rho &= -\frac{1}{r - ia \cos \theta}, \\
 \beta &= \frac{\bar{\rho} \cos \theta}{2\sqrt{2}\sin \theta}, \\
 \pi &= \frac{ia \sin \theta \mu^2}{\sqrt{2}}, \\
 \tau &= -\frac{ia \sin \theta}{\sqrt{2}\Sigma}.
\end{align*}
$$

An alternative notation for the frame vectors is $e_1 = l, e_2 = n, e_3 = m$ and $e_4 = \bar{m}$. The associated frame derivatives are also denoted

$$
D = l^\mu \partial_\mu, \quad \Delta = n^\mu \partial_\mu, \quad \delta = m^\mu \partial_\mu.
$$

(A2)

The Teukolsky equation for a field of spin-weight $s$ in its complete form is written (symbolically) as

$$
T_s(\psi_s) = 4\pi \Sigma T_s
$$

(A3)

with

$$
T_s = \left[ \frac{(r^2 + a^2)^2}{\Delta} - a^2 \sin^2 \theta \right] \partial_t - 2s \left[ \frac{M(r^2 - a^2)}{\Delta} - r - ia \cos \theta \right] \partial_t + \frac{4aMr}{\Delta} \partial_\phi - \Delta^{-s} \partial_t (\Delta^{s+1} \partial_t) \\
- \frac{1}{\sin \theta} \partial_\theta (\sin \theta \partial_\phi) - 2s \left[ \frac{a(r - M)}{\Delta} + \frac{\cos \theta}{\sin \theta} \right] \partial_\phi + \left( \frac{a^2}{\Delta} - \frac{1}{\sin^2 \theta} \right) \partial_\phi + (s^2 \cot^2 \theta - s).
$$

(A4)
Separation of variables
\[ \psi_s = \sum_{l,m} \mathcal{R}_{lm}(r) \mathcal{S}_{lm}(\theta) e^{i(m\phi - \omega t)}, \] (A5)
leads to the following angular (homogeneous) and radial (inhomogeneous) equations
\[ \left\{ \frac{1}{\sin \theta} \frac{d}{d\theta} \left( \sin \theta \frac{d}{d\theta} \right) + \left[ \frac{\xi^2 \cos^2 \theta - 2s \xi \cos \theta - \frac{2Ms \omega \cos \theta + s^2 + m^2}{\sin^2 \theta} + E(l,m,n,\xi) \right] \right\} \mathcal{S}_{lm}(\theta) = 0, \]
\[ \mathcal{L}_{\omega} \mathcal{R}_{lm}(r) \equiv \left\{ \Delta - \frac{d}{dr} \left( \Delta + 1 \right) \frac{d}{dr} + \left[ K^2 - 2is(r - M)K \Delta + 48s^2 \omega r - \lambda \right] \right\} \mathcal{R}_{lm}(r) = -8\pi T_{slm}, \] (A6)
where \( \xi = a\omega, K = (r^2 + a^2)\omega - ma \) and \( \lambda = \lambda_{mn,\xi} = E_{lm,\xi} - s(s + 1) - 2m\xi + \xi^2 \), with
\[ E(l,m,n,\xi) = l(l + 1) - \frac{2s^2 m^2}{l(l + 1)} \varepsilon + [H(l + 1) - H(l) - 1]\xi^2 + O(\xi^3), \] (A7)
being
\[ H(l) = \frac{2(l^2 - m^2)(l^2 - 2\xi^2)}{(2l - 1)(2l + 1)}, \quad l \geq 2. \] (A8)

The Teukolsky radial equation has source terms which depend on the spin-weight parameter. In the case \( s = 2 \) (i.e., for \( \psi_{s=2} = \psi_0 \)), we have in general
\[ T_{s=2} = \mathcal{L}_1 (\mathcal{L}_2(T_{13}) - \mathcal{L}_3(T_{11})) + \mathcal{L}_4 (\mathcal{L}_5(T_{13}) - \mathcal{L}_6(T_{33})) \], (A9)
where
\[ \mathcal{L}_1 = \delta + \bar{\pi} - \bar{a} - 3\beta - 4\tau \quad \mathcal{L}_2 = D - 2\tau - 2\bar{\rho} \quad \mathcal{L}_3 = \delta + \bar{\pi} - 2\bar{a} - 2\beta \]
\[ \mathcal{L}_4 = D + \bar{\pi} + \epsilon - 4\rho - \bar{\beta} \quad \mathcal{L}_5 = \delta + 2\bar{\pi} + 2\beta \quad \mathcal{L}_6 = -D - 2\bar{\pi} + 2\epsilon + \bar{\beta}, \]
and \( T_{11} = T_{00}, T_{13} = T_{1m}, T_{33} = T_{nn} \) are the frame components of the stress-energy tensor of the particle with 4-velocity \( u^\mu = dx^\mu/d\tau \), i.e.,
\[ T^{\mu\nu} = \frac{\mu}{u^2} u^\mu u^\nu \delta_3, \quad \delta_3 = \delta(r - r_0(t))\delta(\theta - \pi/2)\delta(\phi - \phi_0(t)), \] (A10)
given by
\[ T_{11} = \frac{\mu}{u^2} u^\mu u^\nu \delta_3, \]
\[ T_{13} = \frac{\mu}{\sqrt{2u^2 r^4}} \left( u^\mu - au^\phi - \frac{r^2}{\Delta} u^\tau \right) \left( u^\nu - au^\phi - \frac{r^2}{\Delta} u^\tau \right) \delta_3, \]
\[ T_{33} = -\frac{\mu}{2u^2 r^4} (au^\mu - ra^2 u^\phi) \delta_3. \] (A11)

Following the notation of Ref. [38], we can write
\[ T_{s=2} \equiv T^{(0)} + T^{(1)} + T^{(2)}, \] (A12)
where
\[ T^{(0)} = -\mathcal{L}_1 \mathcal{L}_3 T_{11}, \quad T^{(1)} = (\mathcal{L}_1 \mathcal{L}_2 + \mathcal{L}_4 \mathcal{L}_5) T_{13}, \quad T^{(2)} = -\mathcal{L}_4 \mathcal{L}_6 T_{33}. \] (A13)

1. Green’s function

One computes the Green’s function of the radial equation, \( G_{lm}(r, r') \) solution of the equation
\[ \mathcal{L}_{\omega}(G_{lm}(r, r')) = \frac{1}{\Delta} \delta(r - r'). \] (A14)
which has the form
\[
G(x, x') = \sum_{l,m} \frac{\Delta'^2}{W_l} R_{in}(r) R_{up}(r') H(r' - r) + R_{in}(r') R_{up}(r) H(r - r')
\]
≡ \(\Delta \) \( \bigwedge \)

where \( R_{in}(r) \) and \( R_{up}(r) \) are two independent solutions to the homogeneous radial Teukolsky equation having the correct behavior at the horizon and at infinity, respectively, and \( W_l \) is the associated (constant) Wronskian. The full Green’s function then turns out to be
\[
G(x, x') = \sum_{l,m} \frac{\Delta'^2}{W_l} R_{in}(r) R_{up}(r') H(r' - r) + R_{in}(r') R_{up}(r) H(r - r')
\]
\( \equiv \Delta \) \( \bigwedge \)

\( \Delta \)

\( \bigwedge \)

2. \( \text{Source terms} \)

By using the full Green’s function one can solve the Teukolsky equation for \( \psi_0 \) \( (s = 2) \)
\[
\psi_0 = -8\pi\int \Sigma' T(x', x_0) G(x, x') dr'd(\cos \theta') d\phi'
\]
\( \equiv 8\pi \int \Sigma' [T(0) + T(1) + T(2)] G(x, x') dr'd(\cos \theta') d\phi'
\]
\( \equiv \psi_0(0) + \psi_0(1) + \psi_0(2) \). (A17)

The coefficients \( \psi_0^{(0,1,2)} \) can be computed straightforwardly and for each of them one has a left part \( \psi_0^{(0,1,2)-} \) and a right one \( \psi_0^{(0,1,2)+} \), i.e.,
\[
\psi_0^{(0,1,2)} = \sum_{lm} \left[ \psi_0^{(0,1,2)-}(lm) H(r_0 - r) + \psi_0^{(0,1,2)+}(lm) H(r - r_0) \right] 2S_{lm}(\theta) e^{im(\phi - \omega t)}
\]
(A18)

The harmonic decomposition of \( \psi_0^{(0,1,2)} \) is then
\[
\psi_0^{(0,1,2)} = \sum_{lm} 2R_{lm}(r) 2S_{lm}(\theta) e^{im(\phi - \omega t)}
\]
(A19)

with
\[
2R_{lm}(r) = \psi_0^{(0)} + \psi_0^{(1)} + \psi_0^{(2)}
\]
(A20)

leading to
\[
2R_{lm}(r) = \alpha^{l-}_{lm}(r_0) R_{in}(r), \quad 2R_{lm}(r) = \alpha^{l+}_{lm}(r_0) R_{up}(r)
\]
(A21)

The coefficients \( \alpha^{l-}_{lm}(r_0) \) and \( \alpha^{l+}_{lm}(r_0) \) can be expressed (formally) as
\[
\alpha^{l-}_{lm}(r_0) = \frac{1}{W_{lm}} \left[ \alpha^{l-}_{lm} R_{up}(r_0) + \beta^{l-}_{lm} R_{ap}(r_0) \right], \quad \alpha^{l+}_{lm}(r_0) = \frac{1}{W_{lm}} \left[ \alpha^{l+}_{lm} R_{in}(r_0) + \beta^{l+}_{lm} R_{up}(r_0) \right]
\]
(A22)

3. \( \text{Hertz potential} \)

To compute the perturbed metric one introduces the Hertz-Debye potential \( \Psi \), which is related to \( \psi_0 \) by \( [38] \)
\[
\psi_0 = \frac{1}{8} \left[ \mathcal{L}^4 \Psi + 12M \partial \varphi \Psi \right]
\]
(A23)

with
\[
\mathcal{L}^4 = \mathcal{L}_1 \mathcal{L}_0 \mathcal{L}_1 \mathcal{L}_2, \quad \mathcal{L}_s = -[\partial_\theta - s \cot \theta + i \csc \theta \partial_\theta] - ia \sin \theta \partial_\theta
\]
(A24)
The harmonic decompositions of $\Psi$ and its complex conjugate $\bar{\Psi}$ are given by
\begin{equation}
\Psi = \sum_{l,m,\omega} 2 R_{l,m,\omega}(r) 2 S_{l,m,\omega}(\theta) e^{i(m\phi - \omega t)} , \quad \bar{\Psi} = \sum_{l,m,\omega} (-1)^m 2 \bar{R}_{l,-m,-\omega}(r) - 2 S_{l,m,\omega}(\theta) e^{i(m\phi - \omega t)} ,
\end{equation}
respectively. The Teukolsky-Starobinski identity
\begin{equation}
\mathcal{L}^4 \left( -2 S_{l,m,\omega} e^{i(m\phi - \omega t)} \right) = D \left( 2 S_{l,m,\omega} e^{i(m\phi - \omega t)} \right),
\end{equation}
with
\begin{equation}
D^2 = \lambda_{CH}^2 (\lambda_{CH} + 2)^2 + 8a\omega \lambda_{CH}(m - a\omega)(5\lambda_{CH} + 6) + 48a^2\omega^2 [2\lambda_{CH} + 3(m - a\omega)^2],
\end{equation}
and $\lambda_{CH} = E_{(l,m,2,\xi)} + \xi^2 - 2m\xi - 2$ is the Chandrasekhar constant, implies
\begin{equation}
\mathcal{L}^4 (\bar{\Psi}) = \sum_{l,m} \left( -1 \right)^m 2 \bar{R}_{l,-m,-\omega}(r) D 2 S_{l,m,\omega} e^{i(m\phi - \omega t)}.
\end{equation}

Up to the second order in $a$ we have
\begin{equation}
D = l(l-1)(l+2)(l+1) - 4(l-1)(l+2)m\omega a
+ \frac{4(l-1)(l+2)}{2l+3)(2l-1)(2l+1)^2(l+1)^2} [(l^6 + 3l^5 + 5l^4 m^2 - 9l^4 - 23l^3 + 10m^2l^3 + 12l^2 + 19m^2l^2 + 14m^2l + 12m^2)a^2
+ O(a^3)].
\end{equation}
Taking into account that $\partial_t \Psi = -i\omega \Psi$, Eq. (A23) thus becomes
\begin{equation}
\psi_0 = \sum_{l,m} \frac{1}{8} \left[ (-1)^m D 2 \bar{R}_{l,-m,-\omega}(r) - 12iM\omega R_{l,m,\omega}(r) \right] 2 S_{l,m,\omega} e^{i(m\phi - \omega t)}.
\end{equation}
Recalling then the harmonic decomposition (A19) of $\psi_0$ implies
\begin{equation}
R_{l,m,\omega} = \frac{1}{8} \left[ (-1)^m D 2 \bar{R}_{l,-m,-\omega}(r) - 12iM\omega R_{l,m,\omega}(r) \right],
\end{equation}
which once inverted yields
\begin{equation}
2 R_{l,m,\omega} = \frac{1}{8} \frac{(-1)^m D}{D^2 + 144M^2\omega^2} 2 \bar{R}_{l,-m,-\omega} + \frac{12iM\omega}{D^2 + 144M^2\omega^2} 2 R_{l,m,\omega},
\end{equation}
what is needed to compute $\Psi$.

4. Metric reconstruction

The radiative $(l \geq 2)$ perturbed metric (up to parts for which $\psi_0$ vanishes) is given by
\begin{equation}
h_{\alpha\beta} = \rho^{-4} \left[ n_{\alpha n_{\beta}} D_{n\bar{n}} + \bar{m}_{\alpha \bar{m}_{\beta}} D_{\bar{m}\bar{m}} - n_{\alpha} \bar{m}_{\beta} D_{n\bar{m}} \right] \Psi + c.c.,
\end{equation}
where
\begin{align*}
D_{n\bar{n}} &= (\tilde{\delta} - 3\alpha - \tilde{\beta} + 5\pi)(\tilde{\delta} - 4\alpha + \pi) \\
D_{\bar{m}\bar{m}} &= (\Delta + 5\mu - 3\gamma + \tilde{\gamma})(\Delta + \mu - 4\gamma) \\
D_{n\bar{m}} &= (\tilde{\delta} - 3\alpha - \tilde{\beta} + 5\pi + \tilde{\gamma})(\Delta + \mu - 4\gamma) + (\Delta + 5\mu - \bar{m} - 3\gamma - \tilde{\gamma})(\tilde{\delta} - 4\alpha + \pi).
\end{align*}
On the other hand, the contribution of the non-radiative modes $l = 0, 1$ comes from the change in mass and angular momentum due to the presence of the orbiting particle of mass $\mu$. The Kerr metric perturbed in mass and angular momentum (in BL coordinates) acquires the following nonzero components (for $r > r_0$)
\begin{equation}
h_{tt} = \frac{2\delta M}{r}, \quad h_{rr} = \frac{2r^2}{M\Delta^2} [(Mr + a^2)\delta M - a\delta J], \quad h_{\phi\phi} = \frac{2a}{Mr} [(r + M)\alpha \delta M - (r + 2M)\delta J], \quad h_{t\phi} = \frac{2\delta J}{r},
\end{equation}
with $\delta M = E = \mu u_t$ and $\delta J = L = -\mu u_n$. Finally, one computes the gauge-invariant Detweiler-Sago redshift variable (18) with

$$h_{uk} = \frac{1}{\rho^{4/3}} \left( \langle n \cdot u \rangle^2 D_{nn} + \langle m \cdot u \rangle^2 D_{nm} - \langle n \cdot u \rangle \langle m \cdot u \rangle D_{nm} \right) \Psi + \text{c.c.} \quad (A36)$$


